



healthy **habits**
EATING WELL ON A BUDGET

Ginger Pear Smoothie

Approximate cost of the recipe: \$4.27 (Serves 4)

Ingredients:



1 1/2 Cup



1 1/2 Cup



2 Cans



tsp
1/2



tsp

1



tsp

1/2



1



1/2 Cup



Tools Needed:



Directions:

1



2



3



4

