



Spring Into Action

April 5 - May 7, 2021

A fun run to benefit the
Rhode Island Community Food Bank.

Participant Tips and Tricks

Share Your Why

Learn more about the Food Bank's mission [here](#), so that you can tell potential donors why this 5K is important to you and all Rhode Islanders.

Set A Goal

How much money do you hope to raise? A simple goal will help you measure your success. Add your goal into your personal fundraiser.

Share Your Fundraiser

Share your personal fundraiser and invite others to sponsor you on Facebook, Twitter and Instagram. Encourage your network to tell their friends and families and watch your audience grow. Use the tag **#springintoaction2021**.

Start Your Journey

This is **YOUR** race. Run, walk, or roll at your own pace. Share photos of your journey or of great places you find to be outside. Tag us in your pictures!

Saying Thanks

When you are done with your 5K, don't forget to thank everyone who pitched in. Customize an email to your donors in your fundraising page.