



healthy **habits**
EATING WELL ON A BUDGET

Shamrock Muffins

Approximate cost of the recipe: \$3.43, \$0.29 per serving (Makes 12)

Ingredients:



2



1/2 Cup



1/2 Cup



2



tsp

1



2 Cups



Tbsp

3



tsp

1



tsp

1



tsp

1/4

Tools Needed:



Directions:

1



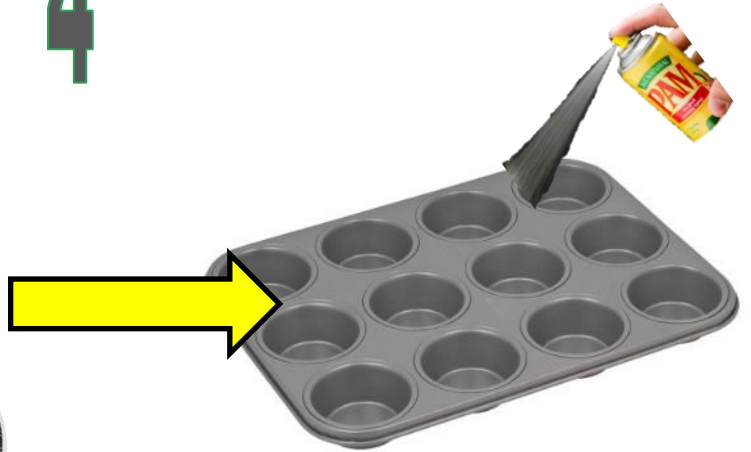
2



3



4



5



6

