



healthy habits

EATING WELL ON A BUDGET

Grain Bowl 4 Ways:

Spanish-Inspired

Approximate cost of the recipe: \$4.89 (4 Servings)

Ingredients:



1



Tbsp

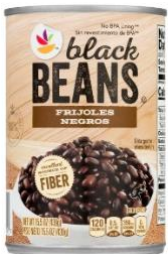
1



1



1



1



tsp

1



Tbsp

1



Tbsp

1

Tools Needed:



Tbsp



Directions:

1



2



3



4



5



6

