



healthy **habits**
EATING WELL ON A BUDGET

Trail Mix

Approximate cost of the recipe: \$3.65, \$0.52 per serving (Serves

7)

Ingredients:



1/2 Cup



1/4 Cup



1/2 Cup



1/2 Cup



1/2 Cup



1/4 Cup

Tools Needed:



Directions:

1



2



3

