



healthy **habits**  
EATING WELL ON A BUDGET

# Vegetable Frittata

Approximate cost of the recipe: \$1.99 or \$.50 per serving (Serves 4)

## Food Needed:



10



2 cups



2

Tbsp



1/4



1/8



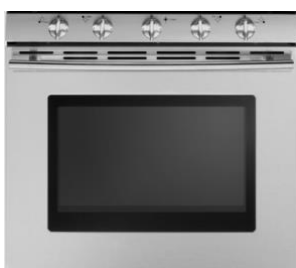
1 cup



1/2 cup



## Tools Needed:



# Directions:

1



2



3



4



5



6

