

Roasted Chickpeas

Serves: 2

Approximate Cost of the Recipe: \$0.98

Approximate Cost per Serving: \$0.49

Ingredients

1 (15.5 oz) can chickpeas

2 tablespoons olive oil

¼ teaspoon salt

OPTIONAL:

2 teaspoons paprika

2 teaspoons garlic powder

2 teaspoons onion powder

2 teaspoons cumin

Directions

1. Wash hands and surfaces.
2. Preheat oven to 425° F.
3. Wipe off the top of the can of chickpeas. Drain and rinse chickpeas under running water.
4. Toss chickpeas with olive oil, salt, and any optional seasonings.
5. Pour chickpeas onto a baking sheet lined with parchment paper in a flat layer.
6. Bake for 25 minutes.
7. Allow to cool. Serve and enjoy!