



healthy **habits**
EATING WELL ON A BUDGET

Berry Yogurt Popsicles

Approximate cost of the recipe: \$3.85, \$0.48 per serving (Serves 8)

Ingredients:



1 Cup



1 Cup



Tbsp

1-2



tsp

1

Tools Needed:



Or



Directions:

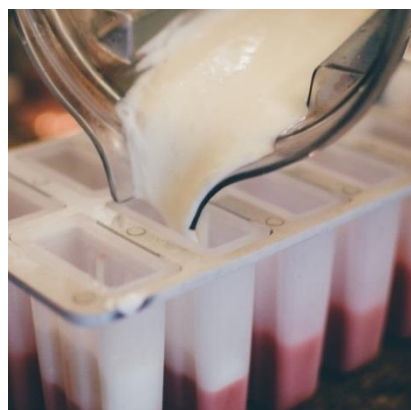
1



2



3



3-5 Hours



5

