



# healthy habits

EATING WELL ON A BUDGET

# Egg Bites

Approximate cost of the recipe: \$6.19, \$1.03 per serving (Serves 6)

Image Courtesy of www.lovebakesgoodcakes.com

## Ingredients:

6    **1/2 Cup**   **1/4 tsp**   **1/4 tsp**

  **1/2 Cup**   **1/2 Cup**   **1 cup**

## Tools Needed:








# Directions:

1



2



3



4



5



6



7

