**Vegetable LoMein**

Recipe adapted from “Raising the Bar on Nutrition”
Approximate cost of the recipe: $5.76, $1.44 per serving (Serves 6+)

**Ingredients:**

- 1 box
- 4 Tbsp
- 1/4 cup
- 2 cans
- 2 cans
- 1/4 cup
- 1 tsp
- 1/4 tsp

**Tools Needed:**

- Pan
- Tongs
- Wooden Spoon
- Measuring Cups
- Whisk
- Measuring Spoons
Directions:

1. Wash hands.
2. Boil water.
3. Heat oil in a pan.
5. Stir fry vegetables.