

WALNUT OAT BREAKFAST COOKIES



Serves: 10+

Approximate Cost of the Recipe: \$5.08

Approximate Cost per Serving: \$0.51

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INGREDIENTS:

- 2 bananas
- ½ cup creamy peanut butter
- 3 Tablespoons maple syrup
- ½ cup apple sauce
- 1 teaspoon vanilla extract
- ½ teaspoon baking powder
- ½ teaspoon baking soda
- 2 cups oats
- ½ cup whole wheat flour
- 1/3 cup walnuts

OPTIONAL:

- ½ cup chocolate chips or raisins

DIRECTIONS:

1. Wash all fresh produce under running water.
2. Mash the bananas in a bowl with a fork.
3. Combine all other wet ingredients with the bananas. Mix until combined
4. Add oats, flour, walnuts and optional ingredients. Mix thoroughly.
5. Spoon small balls onto a baking sheet.
6. Bake at 350° F for 15 minutes.
7. Serve and enjoy!