WALNUT OAT BREAKFAST COOKIES

Serves: 10+
Approximate Cost of the Recipe: $5.08
Approximate Cost per Serving: $0.51

INGREDIENTS:
2 bananas
½ cup creamy peanut butter
3 Tablespoons maple syrup
½ cup apple sauce
1 teaspoon vanilla extract
½ teaspoon baking powder
½ teaspoon baking soda
2 cups oats
½ cup whole wheat flour
1/3 cup walnuts
OPTIONAL:
½ cup chocolate chips or raisins

DIRECTIONS:
1. Wash all fresh produce under running water.
2. Mash the bananas in a bowl with a fork.
3. Combine all other wet ingredients with the bananas. Mix until combined
5. Spoon small balls onto a baking sheet.
6. Bake at 350° F for 15 minutes.
7. Serve and enjoy!

Prepared by Rhode Island Community Food Bank's Healthy Habits, Eating Well on a Budget Program.
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