



healthy **habits**
EATING WELL ON A BUDGET

Pick-Me-Up Soup

Approximate cost of the recipe: \$8.87, \$1.45 per serving (Serves 6+)

Ingredients:



2



1



4 Cups



2 Stalks



1/2



4 Cups



1



1/4



1/2



1



2 Cups

Tools Needed:



Directions:

1



2



3



4



5



6



7

