Pick-Me-Up Soup

Approximate cost of the recipe: $8.87, $1.45 per serving (Serves 6+)

Ingredients:

- 2 Cups
- 1 Pumpkin
- 4 Cups
- 1 Carrot
- 2 Stalks Celery
- 1/2 Onion
- 1 Tablespoon
- 1/4 Teaspoon
- 1/2 Teaspoon
- 1 Teaspoon
- 2 Cups

Tools Needed:

- Oven
- Measuring Cups
- Measuring Spoons
- Spoon
- Blender
- Cutting Board
- Knife
Directions:

1. Wash ingredients.
2. Prepare vegetables.
3. Cut vegetables.
4. Roast vegetables.
5. Add seasonings.
7. Serve soup.