PEANUT BUTTER FRUIT DIP

Serves: 10
Approximate Cost of the Recipe: $3.98
Approximate Cost per Serving: $0.40

INGREDIENTS:
1 cup of peanut butter or nut butter
1 teaspoon of honey
2 cups of vanilla Greek yogurt
1-2 teaspoons of cinnamon

DIRECTIONS:
1. Wash hands and surfaces. Rinse any fresh produce used under running water.
2. In a large bowl add vanilla Greek yogurt, peanut butter, honey, and cinnamon. Mix until smooth.
3. Serve and enjoy!

Prepared by Rhode Island Community Food Bank's Healthy Habits, Eating Well on a Budget Program. Contact: Melissa Furtado, Community Nutrition Manager | (401)230-1700 | mfurtado@rifoodbank.org